## **Compare** Health Plans

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All Healthy Louisiana health plans offer the same basic services as Medicaid or LaCHIP. These include well-child visits, pregnancy care through delivery, medical transportation, prescription drugs, mental health services, and substance use treatment. The **basic plan benefits** include:

- Behavioral health services
- Chronic illness management
- Durable medical equipment, prosthetics, orthotics and certain supplies
- Early periodic screening, diagnostic, and treatment (EPSDT)/well-child visits
- Emergency and non-emergency medical transportation
- Emergency medical services
- Family planning services
- Immunizations/vaccines

- Inpatient/outpatient hospital services
- Laboratory tests and x-rays
- Pregnancy and newborn care
- Prescription medicines/pharmacy
- Rural health clinic services

- Unlimited Primary Care Provider (PCP) visits
- Women's health services
- And many more benefits

## Each plan also offers extra services. Use this chart to compare the extra services by plan. For a full list of services, go to <u>MyPlan.healthy.la.gov</u>.

AETNA BETTER HEALTH® OF LOUISIANA <b>1-855-242-0802</b> (TTY: 711) 24 hours a day, 7 days a week AetnaBetterHealth.com/louisiana	AmeriHealth Caritas Louisiana 1-888-756-0004 (TTY: 1-866-428-7588) 24 hours a day, 7 days a week. AmeriHealthCaritasLA.com	<ul> <li>Healthy Blue</li> <li>1-844-521-6941 (TTY: 711)</li> <li>Monday – Friday, 7 a.m. – 7 p.m. MyHealthyBlueLA.com</li> </ul>	Humana Healthy Horizons® in Louisiana 1-800-448-3810 (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. humana.com/healthylouisiana	Louisiana connections. <b>1-866-595-8133</b> (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. LouisianaHealthConnect.com	UnitedHealthcare Community Plan 1-866-675-1607 (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. UHCCommunityPlan.com
Adult dental (21+) <ul> <li>Up to \$1000 a year for dental</li> </ul>	Adult dental (21+) <ul> <li>No extra benefits</li> </ul>	Adult dental (21+) <ul> <li>Dental exam and cleaning twice</li> </ul>	Adult dental (21+) <ul> <li>Up to \$500 a year for dental</li> </ul>	Adult dental (21+) <ul> <li>No extra benefits</li> </ul>	Adult dental (21+) <ul> <li>No extra benefits</li> </ul>
exam and cleaning twice a year; fillings, extractions, and x-rays	Adult vision (21+)	a year; x-rays once a year	services	Adult vision (21+)	Adult vision (21+)
Adult vision (21+) • Eye exam once a year • Up to \$150 a year for glasses	<ul> <li>Up to \$100 for eye exam once a year</li> <li>Up to \$100 a year for glasses or contacts</li> </ul>	<ul> <li>Adult vision (21+)</li> <li>Eye exam once a year</li> <li>Up to \$100 a year for glasses or contacts</li> </ul>	<ul> <li>Adult vision (21+)</li> <li>Eye exam once a year</li> <li>Up to \$100 a year for glasses or contacts</li> </ul>	<ul> <li>Eye exam once a year</li> <li>Glasses covered in full or up to 12 pairs of contacts, each year</li> </ul> Adult wellness	<ul> <li>Eye exam once a year</li> <li>Up to \$100 a year for glasses or \$105 a year for contacts,</li> </ul>
Adult wellness • \$15 for breast cancer	<ul> <li>Adult wellness</li> <li>\$20 for PCP visit within 90 days of enrollment, yearly after 1st year, ages 21+</li> <li>\$10 for cervical cancer screening, women ages 21-64</li> <li>\$10 for colorectal cancer screening, ages 45-75</li> <li>Heart Healthy Monitoring Program with blood pressure cuffs and digital scales, if qualify</li> </ul>	<ul> <li>\$20 for PCP visit within 90 days of enrollment, yearly after 1st year, ages 21+</li> <li>\$10 for cervical cancer screening, women ages 21-64</li> <li>\$10 for colorectal cancer screening, ages 45-75</li> <li>Heart Healthy Monitoring Program with blood pressure cuffs and digital scales, if</li> <li>\$15 for yearly well visits, ages 21+</li> <li>\$25 for cervical cancer screenings, women ages 21-64</li> <li>\$10 for yearly STI screenings, ages 16+</li> </ul>	<ul> <li>Adult wellness</li> <li>\$25 for breast cancer screening, women ages 40+</li> <li>\$25 for cervical cancer screening, women ages 21+</li> <li>\$25 for colorectal cancer screening, ages 45+, if qualify</li> </ul>	<ul> <li>\$50 for breast cancer screening, women ages 50-74</li> <li>\$50 for cervical cancer screening, women ages 21-64</li> <li>\$50 for colorectal cancer screening, ages 50-75</li> <li>\$25 for STI screening (chlamydia, gonorrhea, HIV)</li> <li>One hearing exam a year and one set of hearing aids every 2 years, ages 21+, if qualify</li> </ul>	\$20 for PCP visit within 90 days of enrollment
<ul> <li>screening, women ages 50-74</li> <li>\$15 for cervical cancer screening, women ages 21-64</li> <li>\$15 for colorectal cancer screening, ages 45+</li> <li>Mobile app for digital companionship and support intervention, ages 18+</li> </ul>					

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Extra services by plan (continued)

aetna Aetna better health® of Louisiana	AmeriHealth Caritas Louisiana	💩 🕅 Healthy Blue	<b>Humana</b> Healthy Horizons ® in Louisiana	louisiana healthcare connections.	
<ul> <li>Asthma <ul> <li>Home assessments and asthma kit, if qualify</li> </ul> </li> <li>Care management programs <ul> <li>Chronic illnesses</li> <li>High-risk pregnancy</li> <li>Chronic pain management, including acupuncture, dry needling, and massage therapy, ages 16+, and chiropractic care, ages 21+, if qualify</li> </ul> </li> <li>Child wellness <ul> <li>\$15 for completing all 8 well visits, birth to 30 months</li> <li>\$20 for yearly well visit, ages 3-21</li> <li>Up to \$50 for after school programs such as Boys and Girls Club, 4-H, Boy Scouts, Girl Scouts, or Big Buddy, ages 5-16</li> <li>Newborn circumcision, birth-30 days</li> </ul> </li> <li>Diabetes <ul> <li>\$20 for diabetic HbA1c screening level of less than 8%</li> </ul> </li> <li>Housing and nutrition <ul> <li>Up to 30 days of respite care with healthcare and social services, for members experiencing homelessness, ages 18+, if qualify</li> <li>Home assessments and financial help to remediate identified risks, such as pests, mold, and utility interruptions, and legal services for housing</li> </ul></li></ul>	<ul> <li>Asthma</li> <li>Home assessment and cleaning kit, bedding, and/or air purifier, if qualify</li> <li>Care management programs</li> <li>Chronic illnesses</li> <li>High-risk pregnancy</li> <li>Chronic pain management, including chiropractic care, massage therapy, dry needling, TENS device, and gym membership or fitness kit, ages 21+, if qualify</li> <li>Cystic fibrosis screening</li> <li>Remote patient monitoring and equipment, if qualify</li> <li>Child wellness</li> <li>\$20 for completing all 6 well visits, birth to 15 months</li> <li>\$15 for yearly well visits, ages 2-20</li> <li>Newborn circumcision (preapproval required after 28 days from birth)</li> <li>Diabetes</li> <li>\$10 for completing dilated eye exam, kidney screening, and A1C test for members diagnosed with diabetes</li> </ul>	<ul> <li>Asthma</li> <li>Home assessments , asthma mitigation supplies, and home repair, remediation, and relocation services, if qualify</li> <li>Care management programs</li> <li>Chronic illnesses</li> <li>High-risk pregnancy</li> <li>Chronic pain management including acupuncture, chiropractic care, massage therapy, and hypnotherapy, therapeutic aids, and gym membership and/or fitness kit, if qualify</li> <li>Child wellness</li> <li>Up to \$120 for completing well visits, birth to 15 months</li> <li>Up to \$120 for completing well visits, birth to 15 months</li> <li>Up to \$16 for completing well visits, ages 16-30 months</li> <li>\$25 for yearly well visit, 30 months to 9 years</li> <li>\$25 for yearly well visit, ages 10-20 years</li> <li>Booster seat, if qualify</li> <li>Newborn circumcision, birth-30 days</li> <li>Diabetes</li> <li>\$25 for diabetic HbA1c test</li> <li>\$25 for completing a "What do you know about diabetes?" quiz</li> </ul>	<ul> <li>Asthma</li> <li>Carpet cleaning, bedding, and/ or air purifier, if qualify</li> <li>Care management programs</li> <li>Chronic illnesses</li> <li>High-risk pregnancy</li> <li>Chronic pain management, including acupuncture, chiropractic care, and massage therapy, if qualify</li> <li>Child wellness</li> <li>\$20 each well visit (up to \$120 for 6 visits), ages 0-15 months</li> <li>\$15 each well visit (up to \$30 for 2 visits), ages 16-30 months</li> <li>\$25 for yearly well visit, ages 3-20</li> <li>Newborn circumcision, birth-12 months</li> <li>Diabetes</li> <li>\$25 for retinal eye exam, ages 18+</li> <li>\$50 for yearly screening with PCP for HbA1c and blood pressure, ages 18+</li> </ul>	<ul> <li>Asthma</li> <li>Home remediation services, bedding, and in-home asthma management education, if qualify</li> <li>Care management programs</li> <li>Chronic illnesses</li> <li>High-risk pregnancy</li> <li>Chronic pain management, including acupuncture, therapeutic massage, and physical therapy, and gym membership and fitness kit</li> <li>Grants to resolve unmet health needs</li> <li>Expanded eligibility for mobile phone and service for members in care management</li> <li>Child wellness</li> <li>\$50 for completing 6 well visits by 15 months</li> <li>\$50 for completing needed vaccinations by age 13</li> <li>\$50 for completing follow-up visit within 30 days of first fill of ADHD medication prescription, ages 6-12</li> <li>Newborn circumcision, birth-12 months</li> <li>\$50 for completing dilated eye exam, kidney screening, and HbA1c test, ages 18-75</li> </ul>	<ul> <li>Asthma</li> <li>Home assessments, remediation services, asthma kit, and bedding, if qualify</li> <li>Care management programs</li> <li>Chronic illnesses</li> <li>High-risk pregnancy</li> <li>Chronic pain management, including acupuncture, chiropractic care, and gym membership, if qualify</li> <li>Child wellness</li> <li>\$20 for PCP visit, within 90 days of enrollment</li> <li>Feeding set or dental care kit for 6-month well visit</li> <li>Spa kit or toy submarine for 15-month well visit</li> <li>Home safety kit or book for lead test, birth-15 months</li> <li>\$20 for yearly well visits, ages 1-17</li> <li>Newborn circumcision (preapproval required after 30 days from birth)</li> <li>Diabetes</li> <li>No extra benefits</li> </ul>
matters, if qualify					LAEB-HP-COMP-E-0822

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## Extra services by plan (continued)

aetna aetna better health° of Louisiana	AmeriHealth Caritas Louisiana	🖉 🗑 Healthy Blue	<b>Humana</b> Healthy Horizons® in Louisiana	louisiana healthcare connections.	UnitedHealthcare® Community Plan
<ul> <li>Housing and nutrition (continued)</li> <li>Home-delivered meals after discharge, if qualify</li> <li>Over the counter (OTC) medications</li> <li>Up to \$25 monthly for household for select OTC items, if qualify</li> <li>Pregnancy</li> <li>\$25 for completing Notice of Pregnancy form and first prenatal visit in first trimester</li> <li>\$10 for each prenatal visit after first visit, up to 10 visits</li> <li>\$25 for postpartum visit within 12 weeks after delivery</li> <li>\$20 for completing first and second dental visit during pregnancy , ages 18+</li> <li>Home visits for prenatal and postnatal visits and birth and after-birth classes, and access to lactation consultants, if qualify</li> <li>Up to \$100 every 3 months for childcare during prenatal and post-natal visits for high-risk pregnancies, if qualify</li> <li>Welcome kit with diaper bag, diapers, and other baby supplies</li> <li>Access to screenings, assessments, nutritional counseling, birth education, and referrals to support programs</li> <li>Diapers at follow-up after birth</li> </ul>	<ul> <li>Housing and nutrition</li> <li>Up to 90 days of respite care with healthcare and social services for members experiencing homelessness, if qualify</li> <li>Home assessments and financial help to remediate identified risks such as pests, mold, limited home repairs, and mobility upgrades, if qualify</li> <li>Home-delivered meals after discharge, if qualify</li> <li>Fruits and veggies for members with obesity, if qualify</li> <li>Over the counter (OTC) medications</li> <li>Select products covered with prescription and copay</li> <li>Pregnancy</li> <li>\$25 for completing Notice of Pregnancy form in first trimester</li> <li>\$25 for prenatal visit within first 12 weeks of pregnancy</li> <li>\$20 for postpartum visit within 7-84 days after delivery</li> <li>Pack-and-Play with sheet for completing prenatal visits, if qualify</li> <li>Home-delivered meals to support healthy pregnancy, if qualify</li> <li>Baby shower, education, and essential supplies, such as diapers and car seats, for pregnant members up to 2 years postpartum, if qualify</li> </ul>	<ul> <li>Housing and nutrition</li> <li>Short-term respite care with healthcare and social services, financial assistance for housing stabilization, for members experiencing homelessness, ages 18+, if qualify</li> <li>Home assessments and financial help to remediate identified risks, such as pests and mold, home safety items, utility and rental assistance, legal aid, and relocation assistance, if qualify</li> <li>Over the counter (OTC) medications</li> <li>Select products covered with prescription and copay</li> <li>Pregnancy</li> <li>\$25 for prenatal visit within first 42 days of joining Healthy Blue</li> <li>Portable crib or infant car seat for 7 prenatal visits</li> <li>\$25 for completing 17P injection, for members with high-risk pregnancy, if qualify</li> <li>\$50 for postpartum visit within 7-84 days after delivery</li> <li>Family planning kit</li> <li>Home visiting program with guidance, in-home postpartum visit and counseling, home- delivered meals for postpartum members with gestational diabetes, and essential supplies such as a baby monitor and diapers, for pregnant and postpartum members and their newborns, if qualify</li> </ul>	<ul> <li>Housing and nutrition</li> <li>Up to 89 days of respite care with healthcare and social services, financial help to stabilize housing, for male members experiencing homelessness, ages 18+, if qualify</li> <li>Financial help to identify and remediate health-harming risks, utilities, bills, and rent/mortgage hardship, ages 21+, if qualify</li> <li>Home-delivered meals after disasters and/or discharge, if qualify</li> <li>Over the counter (OTC) medications</li> <li>Up to \$25 monthly for member for select OTC vitamins and health products</li> <li>Pregnancy</li> <li>\$25 for postpartum visit within 7-84 days after delivery</li> <li>\$25 for prenatal visit within the first trimester or prenatal visit within 42 days of enrollment</li> <li>Portable crib for joining Humana Beginnings, if qualify</li> <li>Up to 9 in-home visits through the doula program for pregnant and postpartum members and their newborns, ages 21+</li> </ul>	<ul> <li>Housing and nutrition</li> <li>Up to 90 days of respite care with healthcare and social services, financial help to stabilize housing for members experiencing homelessness, if qualify</li> <li>Home assessments and financial help to remediate identified risks, such as pests, mold, utility issues, drainage, and sewage treatment, if qualify</li> <li>Home-delivered meals after discharge, if qualify</li> <li>Home-delivered meals after discharge, if qualify</li> <li>Select products covered with prescription and copay</li> <li>Pregnancy</li> <li>\$10 for each prenatal visit, up to \$110</li> <li>\$50 for postpartum visit within 12 weeks after delivery</li> <li>\$30 for completing a Notice of Pregnancy form</li> <li>Pack-and-Play crib with safe sleep information</li> <li>Healthy meal delivery for members in high-risk medical condition after delivery. Two meals a day for 7 days, up to 28 meals a year.</li> <li>Start Smart for Your Baby kit and free access to Start Smart mobile app, if qualify</li> <li>Home visits for pregnant and postpartum members and their newborns</li> </ul>	<ul> <li>Housing and nutrition</li> <li>Short-term respite care and access to housing and meals for members experiencing homelessness, if qualify</li> <li>Links to community resources for remediating of health-harming conditions; legal aid and temporary or permanent supportive housing; lead and water testing kits, for members in case management, if qualify</li> <li>Over the counter (OTC) medications</li> <li>Select products covered with prescription and copay</li> <li>Pregnancy</li> <li>\$20 for enrollment in Healthy First Steps Rewards Program</li> <li>Car seat cover or baby blocks for first postpartum visit</li> <li>Color changing duck or digital thermometer at birth</li> <li>Teething rattle or nursing cover for 24-week prenatal visit</li> <li>2-Pack plates or first aid kit for 32-weeks prenatal visit</li> <li>Home visiting programs for pregnant and postpartum members, including prenatal and postpartum visits, access to lactation counseling, doula services, and education, if qualify</li> </ul>

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Extra services by plan (continued)

AETNA BETTER HEALTH® OF LOUISIANA	AmeriHealth Caritas Louisiana	💿 🗑 Healthy Blue	Humana Healthy Horizons ® in Louisiana	louisiana healthcare connections.	
Quit smoking	Pregnancy (continued)	Quit smoking	Quit smoking	Quit smoking	Quit smoking
<ul> <li>AETNA BETTERHEALTH* OF LOUISIANA</li> <li>Quit smoking <ul> <li>Tools and support such as breath sensor, quit-smoking coach for members who smoke, vape, or use e-cigarettes</li> </ul> </li> <li>Transportation <ul> <li>Ride to medical appointments with stop at pharmacy for medications</li> <li>Up to 20 one-way rides to job interviews, grocery stores, and other places</li> </ul> </li> <li>Other <ul> <li>\$10 for completing health needs assessment within 90 days of enrollment</li> <li>\$5 for yearly flu shot</li> <li>Digital blood pressure monitor, if qualify</li> <li>\$25 for post-discharge PCP or hematologist visit with sickle cell diagnosis; \$5 for follow-up visit</li> <li>\$10 for filling a sickle cell-related medication</li> <li>\$10 for one medication refill every 6 months for high blood pressure, ADHD, or antipsychotic, if qualify</li> <li>Supplies for trauma and anxiety,</li> </ul> </li> </ul>	LouisianaPregnancy (continued)• Home visiting services including lactation counseling, education, and referrals, up to 60 days after delivery• Remote patient monitoring, if qualifyQuit smoking• Phone, web, and text-based counselingTransportation• Ride to medical appointments with stop at pharmacy for medicationsOther• \$10 for completing a health needs assessment• \$5 for yearly flu shot• \$10 for completing a follow-up assessment after behavioral health hospitalization, up to 3 a year, if qualify• Make Every Calorie Count program, including 2 visits a year with a registered dietitian plus gym membership or at- home fitness kit, if qualify• Gym memberships and support 		in Louisiana	connections.	Community Plan
<ul> <li>If qualify</li> <li>Life skills and workforce training, if qualify</li> <li>HiSET (High School Equivalency Test) certification, if qualify</li> </ul>	<ul> <li>wellness centers, if qualify</li> <li>GED test preparation and exam voucher, if qualify</li> <li>Life skills and workforce training, if qualify</li> </ul>				

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